

Please donate today

### I would like to support the fight against cancer

Research is often complicated, time-consuming and expensive but it provides hope for patients and their families, and leads to more effective ways of treating and preventing cancer.

Please help by giving what you can.

### I would like to give a donation to UCARE of:

£10  £100  £250

My choice £

Please make cheques payable to UCARE

### I would like to give a monthly donation to help UCARE plan for the future:

£10  £25

My choice £

(Before you send your completed slip to us, please ask your bank or building society to set up your monthly standing order gift and give them our banking details: CAF Bank Ltd, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent ME10 4JQ, Account Number 00017501, Sort Code 40-52-40. To help us keep accurate records, please give your full name as the reference.)

Title: \_\_\_\_\_  
Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Postcode: \_\_\_\_\_  
Phone (optional): \_\_\_\_\_  
Email: \_\_\_\_\_

### giftaid it

I am a UK taxpayer and I want UCARE to reclaim the tax I have already paid on my gift(s) from 6 April 2007 until further notice. (You must pay income tax / capital gains tax equal to the amount we reclaim on your gifts).

Please tick the box if you prefer not to receive updates about our work. We will not share your details with other organisations.

Thank you



www.ucare-oxford.org.uk

UCARE (Oxford) is a registered charity, number 1120887.

Please return this form to: UCARE, HIFU Unit, Churchill Hospital, Oxford, OX3 7LJ

## The importance of research



Research is often complicated, time-consuming and expensive, but it provides hope for patients and their families, and leads to more effective ways of treating and preventing cancer.

Research in various fields requires different types of consumables, materials and equipment.

The equipment used in research applications is all vital to the laboratory work. This ranges from items which can be very small and cost the equivalent of a cup of coffee and a slice of cake, to equipment that can cost the same as a small car.

Relatively small and inexpensive pieces of equipment can still help to facilitate great research breakthroughs. Without consumables and equipment important research could not take place, which is why every donation counts.

## Sponsorship opportunity



Sponsorship of newsletters, leaflets or sports gear can greatly reduce our administration costs and can also advertise your company. If you feel you could help us in this way, please do get in touch.

**UCARE office: 01865 767777  
or email [ucare@ucare-oxford.org.uk](mailto:ucare@ucare-oxford.org.uk)**

UCARE is a regulated member of the Fundraising Standards Board, and is accountable for our fundraising. We promise to always be honest, open and accountable in our fundraising, helping you to give with confidence. For more information, visit [www.frsb.org.uk](http://www.frsb.org.uk)



UCARE (Urology Cancer Research and Education) is an independent, Oxford-based charity committed to improving the treatment and care of urological cancer patients, through research and education.

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Issue fifteen • Summer 2015

Dear friends

Welcome to the fifteenth issue of UCARE News.



As you may know, in May we all went to the RHS Malvern Spring Festival 2015, where garden designer Kate Durr used our tulip in her design for a

Festival Garden (see picture below). In doing so, she raised awareness of UCARE's work and helped boost orders for our tulip bulbs (ready to despatch in September). We had a wonderful time, and it was a fantastic bonus that Kate won a Gold medal and 'Best Festival Garden' too! Post-festival publicity from Malvern has been amazing, including a recent piece in July's issue of The English Garden Magazine: we can't thank her enough.



May was also the month when our Specialised Urological Awareness Nurse, Gemma Crane, joined the team – we are very lucky to have her on board. You can read more about Gemma and her new role in UCARE in our opening article.

Best wishes and I look forward to hearing from you.



*J. G. Mitchell*

Jim Mitchell  
Chair, Board of Trustees

## New cancer awareness nurse 'drives off'



We are so pleased to have Gemma Crane join the UCARE team...

The Studley Wood Golf Club Seniors Section is the first group to benefit from a visit by Gemma Crane – a Specialised Urological Awareness Nurse who is being funded by UCARE. Many of you may recognise Gemma, as she previously worked with David Cranston and Andy Protheroe at the Churchill Hospital.

It is very fitting that the launch of this new unique service was at Studley Wood Golf Club as the club members had previously raised £16,000 towards Gemma's funding. Gemma's eye-catching new car was donated by The Mark Benevolent Fund.

Our supporters will know that prostate, kidney, bladder, testicular and penile cancers account for one in three of all cancers in men and one in five of all cancers overall. As with all other forms of cancer, the earlier a urological cancer is detected, the greater the chance of successful treatment.

Regrettably these forms of cancer have a low public profile, resulting in symptoms not being recognised, not being taken seriously, or simply going unreported because of embarrassment or fear. High on our agenda is helping people to live healthier lifestyles and highlighting symptoms to enable early detection.

## Dates for your diary...



**Wednesday 9th September 2015**

**10am – 4.30pm**

### Waterperry Bulb day

Waterperry Gardens, Waterperry,  
Nr. Wheatley, Oxfordshire OX33 1JZ

Kick-start the bulb planting season in style this year with a charity day of bulb-dedicated talks at Waterperry House. Our eminent speakers include the award-winning garden writer Val Bourne, the gardening correspondent for The Independent, Anna Pavord, and the maestro of daffodils, Johnny Walkers (who has 22 consecutive gold medals from Chelsea Flower Show). Tickets for the talks will be available on the day in timed slots on a first-come-first-served basis. There will also be Garden Tours led by former student Sue Bedwell and Waterperry Gardens staff.

There is free entry to the gardens for RHS Members and children. Otherwise the normal garden entry charge of £6.80 per adult applies. All proceeds from the garden entrance for the day will go to UCARE, and the UCARE tulip bulbs will be on sale at the event. Lunches and refreshments will be available to purchase.

For more information see [www.waterperrygardens.co.uk](http://www.waterperrygardens.co.uk)

**Friday 11th September 2015**



### UCARE Golf Day

We hope you will join us for this great day which includes breakfast, a delicious meal, wine, prizes, and of course a fantastic day of golf.

Many of you will know

Studley Wood, but for those who have never played the course, it is a hidden gem in the midst of Oxfordshire's finest countryside, and only 15 minutes drive from central Oxford.

We aim for a shotgun start at around 9.45am, although the club will be serving breakfast from 8am onwards.



**Sunday 18th October 2015**

### Rotary Blenheim – two charity runs

Thanks to Woodstock and Kidlington Rotary Club, UCARE will benefit from the two charity runs (5km and 10km) in Blenheim Park. For more information, go to <http://tinyurl.com/oa9tlw4>

"We were pleased to have fulfilled my husband's request to give a donation to the research work on prostate cancer undertaken by Dr Val Macaulay's team. In 2014, our family bought the UCARE tulip bulbs and split them to plant in our gardens in memory of Wojciech and his sister, who also died of cancer. This spring, they bloomed beautifully in our gardens, and were a perfect way to remember them both."

**Maureen Dubenski**

**Monday 19th October 2015, 7.30pm**

### Voice Box – A Choral Evening

A choral evening in the The Jacqueline du Pré Music Building, St Hilda's College – one of the most exciting music venues in Oxford. Voice Box was formed in 2004 by Lesley Morris and Keith Harris who are well known as the duo Anything Goes. The choir, which now has over fifty members, performs a wide repertoire of music, ranging through choral classics, gospel, musical theatre, barbershop, folk and early music, each presented in its own vital and lively style. The choir have regular performances throughout Oxfordshire, and have continued to grow and develop and they are proud to be celebrating their 11th birthday this year! An interval bar will be open for refreshments.

**Tickets: £12.50**

You can book online at: <http://tinyurl.com/pemv94o> or contact the UCARE office.



**Wednesday 4th November 2015, from 6pm**

### Real Tennis Event – Radley College, Abingdon



Real, or Royal, tennis is the forerunner of all racquet sports. Discover more about the game, with former World Champion Chris Ronaldson – watch it and also give it a try. Drinks and finger food will be served during the evening.

Please get in touch if you would like to book tickets (£20 per person): [ucare@ucare-oxford.org.uk](mailto:ucare@ucare-oxford.org.uk) or call 01865 767777.

Our thanks to everyone who we have not been able to thank here, but who has raised valuable funds for UCARE – we couldn't do it without you.

## With thanks...

We would like to thank everyone at the **Weatherall Institute of Molecular Medicine (WIMM)** on the John Radcliffe Hospital site, for their support of UCARE this year. We had two teams at their annual quiz on 24th June and we all agreed it was a fabulous night. We are proud to be fundraising with the WIMM for the remainder of the year.

Thanks to all the **Charndon Collection** for their terrific entry of six teams and individuals in the Blenheim Triathlon.

Thanks to the **Lenborough Singers** for all their support.

And to everyone who took part in the **Derek Townsend Tribute Evening** in Kings Sutton.



Chairman, Jim Mitchell and Fundraiser Karen McKenna play a round with Kriss Akabusi



Two new UCARE supporters!



The UCARE team meet Masterchef's Greg Wallace at the RHS Malvern Spring Festival



Thanks to everyone who supported the golf and family day in memory of Nilay Patel.



Well done to Jo Georgiou for raising £2,213 at the London Marathon.



Dave Lee and his son-in-law who completed both the Keswick & Blenheim triathlons for UCARE – thank you!

"As part of the Weatherall Institute of Molecular Medicine's interactions with the public, each year we raise funds to support a local charity related to medical care. This year we are delighted to support UCARE. Our colleagues have put a tremendous amount of energy and enthusiasm into a variety of fundraising events for UCARE including the annual quiz evening. It has been great to see everyone having a good time and, at the same time, raising funds for an excellent medical charity."

**Stella Keeble**  
Administrator, Weatherall Institute of Molecular Medicine



"UCARE provides an opportunity to give to cancer research in a more personal way, while at the same time knowing that the research carried out in Oxford will be of benefit to people around the world."

David Cranston, UCARE trustee

**Relatively small and inexpensive pieces of equipment facilitate vital research and laboratory work...**

**£10** could buy a pair of safety specs

**£100** could pay for a single channel pipette

**£250** could buy a magnetic hot-plate/stirrer

UCARE is grateful for your support. Any donation is used to support our charitable object of Urology Research and Education. However, if you would like to support specific research, or discuss an individual project, please let us know.

**I would like my donation to be used to support:**

- Kidney cancer research
- Bladder cancer research
- Testicular cancer research
- Prostate cancer research
- General research

Please fill in donation details overleaf...

